

# October 2024 Newsletter

Perth Meditation Group Ltd

*"On another occasion the Master said, "True scriptures are wells of divine water that can quench the spiritual thirsts of man." - Paramahansa Yogananda*

**Devotees are reminded to please arrive on time for services, not to enter the Temple during prayers or readings and please minimize movement so as not to disturb others. If you are unwell, please meditate at home.**

## Special Events in October

### Tue 1<sup>st</sup> Oct from 5:45pm

Chapel cleaning before the service.

### Sun 6<sup>th</sup> Oct from 8-11am

3hr meditation with chanting on the hour

### Tue 8<sup>th</sup> Oct from 8:15pm

Social after the service. Please bring vegetarian food and/or drink to share.

### Sat 12<sup>th</sup> Oct from 9:00am to 12:00 noon

Major Busy Bee followed by shared lunch. As many devotees as possible to attend.

### 18<sup>th</sup> - 20<sup>th</sup> October

Silent Retreat Shoalwater – *Now Closed*

### Sun 27<sup>th</sup> Oct from 8 to 11:00am

Screening Service

### Sun 27<sup>th</sup> Oct from 11:10am

Annual General Meeting. All are welcome.

## News from Mother Centre

### Convocation Highlights

Enjoy [highlights](#) from the 2024 Convocation which drew over 21,000 devotees from 125 countries.

### Paramahansa Yogananda on Bhagavan Krishna and the Golden Middle Path of Yoga

Use the wisdom from Paramahansa Yogananda to connect with the encouraging message and eternal example of balanced living that Sri Krishna brought to humanity and to support your enthusiasm for experiencing the Divine within yourself. [Read more](#)

## Interview with Bro. Chidananda

During an interview conducted at YSS Noida Ashram, [Brother Chidananda](#) explains why yoga and meditation are essential for finding balance and fulfillment in our fast-paced modern world, and the profound effectiveness of practicing the Kriya Yoga science for realizing the divinity within ourselves and thereby recognizing it in everyone.

## Guided meditation:

### The Flame of Divine Love

[A guided meditation](#) by Sister Usha on understanding and Attuning with the Power of Love by Paramahansa Yogananda

## Group News

### Busy Bee

Please join us for a major busy bee at the Temple working in the garden and deep cleaning inside on Saturday October 12<sup>th</sup> 9-noon. This is a wonderful opportunity for fellowship whilst keeping our temple looking beautiful. Please bring vegetarian food or a drink to share for lunch.

**AGM**– We very much look forward to greeting you at our AGM on 27<sup>th</sup> October at 11.10am. A quorum of 15 members is required under our constitution. We will also be running a short fire drill. Please make every effort to attend. The agenda and proposed 2025 calendar will be emailed on Sunday October 6<sup>th</sup>.

## Calendar and Diary Orders

Please add your order to the form on the notice board by Sunday 6<sup>th</sup> October.

## NEXT MONTH

Tue 5<sup>th</sup> Nov – Chapel cleaning before Service

Sun 17<sup>th</sup> Nov – Decorate the Christmas Tree after the Service

Sun 24<sup>th</sup> Nov – Bring a friend screening and social

