

# March Newsletter 2018

## Perth Meditation Group of Self Realization Fellowship



### Mahasamadhi Commemorations Paramahansa Yogananda and Sri Yukteswar

*“The Mahasamadhi of God-realized souls should not be belittled as merely social ceremonies. They are deeply spiritual occasions on which the vibrations of blessing from illumined Masters are stronger than on other days in the year, for in the astral world also, a celebration is taking place. Devotees who attend these ceremonies with the right attitude will reap spiritual benefits and will find their high resolutions strengthened.”*

**Paramahansa Yogananda.**

**Sunday 4th March 8am-11am Long Meditation:** On the first Sunday of each month, we meditate for three hours. If this feels too challenging, please consider joining us at 9 or 10am during the chanting periods, which are on the hour.

**Wednesday 7<sup>th</sup> March 7-9pm Mahasamadhi Commemoration for Paramahansa Yogananda:** *“My body shall pass but my work shall go on. And my spirit shall live on. Even when I am taken away, I shall work with you all for the deliverance of the world with the message of God. I will ever protect and direct the sincere members of SRF-YSS.”*

**Friday 9<sup>th</sup> March 7-9pm Mahasamadhi Commemoration for Swami Sri Yukteswar.**

Those who are acquainted with SRF teachings to appreciate the significance of the Guru-disciple relationship are welcome to participate in these Mahasamadhi Commemorations with sincerity and reverence. When we attend birthday or Mahasamadhi services, we bring a flower as a symbol of our devotion, and a monetary offering in an envelope as a symbol of our loyalty, in appreciation of the spiritual riches attained through the grace of these liberated Masters.

**Wednesday 21<sup>st</sup> March Harmony Day:** The theme of Harmony Day in 2018 is to celebrate our cultural diversity – a day of cultural respect for everyone. It is about inclusiveness and respect.

**Friday 23-25<sup>th</sup> March Shoalwater Silent Retreat:** Guru and Disciple: An Eternal Covenant. There is a personal element in the search for God that is more important than mastery over the whole science of yoga.

**Friday 30<sup>th</sup> March 9-12pm Good Friday Long Meditation:** To prepare for this sacred meditation, we suggest reading from Paramahansa Yogananda’s *“The Second Coming of Christ: The Resurrection of the Christ within You”* - a revelatory commentary on the original teachings of Jesus.