

NOVEMBER NEWSLETTER 2017

Perth Meditation Group of Self Realization Fellowship



MINI BUSY BEE SUNDAY 12th

After the service, if you can spare an hour, we have a last opportunity to tidy our temple before Bramachari Jason's visit. Help appreciated!

BRAMACHARI JASON'S VISIT TUESDAY 14TH 6-10pm

All Welcome!

- 6.00 – 6.30 Energization Exercises Review, for SRF Lesson Students only. Those arriving who are not yet doing the lessons, are welcome to watch.
- 6.30 - 7.20 Group Meditation
- 7.20 - 7.30 Short Break
- 7.30 – 9.00 Workshop “Creating a Fun Environment”
- 9.00 – 9.45 Refreshments. Please bring Vegetarian food and or juice

To help defray costs a Br. Jason's Goodwill Offering box has been placed in the Temple. Cheques can be made payable to *Perth Meditation Group*. Online donations: BSB 016-008 Account # 641995853 Please write *Br. Jason* in the subject line. Thank you.

SUNDAY 19th Annual General Meeting

You are invited to attend our AGM. As we rely on Volunteers to maintain our Centre in Perth, it is fantastic if you can offer service in any form and bring the Spirit of Self Realization together to serve God, Master and the Gurus.

We sincerely thank all who have served in 2017 and invite you to join our Volunteer team for 2018. Please write your name on one or more of the lists on the Notice board. Readers will be elected and sent through to Mother Center for approval. Greeters, Chant Leaders, Florists, Gardening, Maintenance are open to anyone who is willing. You may place your name on one or more of the lists, (this includes Readers).

When in Service you forget the little self, you will feel the big self of Spirit. I want you to know that all who are interested in the work are personally taken care of by me. I have placed you in the care of my personal love. I will do my utmost to help you carry on here and in the beyond.

----- Paramahansa Yogananda

CHRISTMAS TREE SUNDAY 26th

Time for our Christmas tree to be decorated to bring the true spirit of Christmas to our Temple. If you would like to help dress the tree please stay after the Service on Sunday 26th November.

RETREAT NEWS

Another successful Shoalwater Retreat was enjoyed by 16 Devotees on the weekend of 6th - 8th October.

MANDURAH RETREAT SATURDAY 4th NOVEMBER "SUSTAINING A JOYFUL HEART"

Devotees and friends of our Perth Group and Mandurah Meditation Circle are invited to participate in a day of Prayer, Meditation and Spiritual Renewal.

Please *RSVP Jannette asap*. M: 0405182741 Email: Janobarr@gmail.com

* * * * *

In **2018** our next retreat at Shoalwater is from 23rd – 25th March. Never too early to book! Please contact our Retreat Coordinator: Nicola ohly-smith@live.comn.au or 0400 410 800.

Retreat information is also available on our web page: <http://www.srfperthgroup.com> where you will find more retreats to choose from during the upcoming year. For more information please contact;

M: 0487 910 081

T: (08) 9399 2312

Email: srfperthf@gmail.com

NEWCOMERS

Are you new to our group? Consider joining our mailing list.

Please email our group; srfperth@gmail.com and leave your full name and contact number. You will be added to our group's contact list. Please note, we value your privacy. We are careful not to send out too many emails, just monthly newsletter and maybe some quick reminders from time to time.