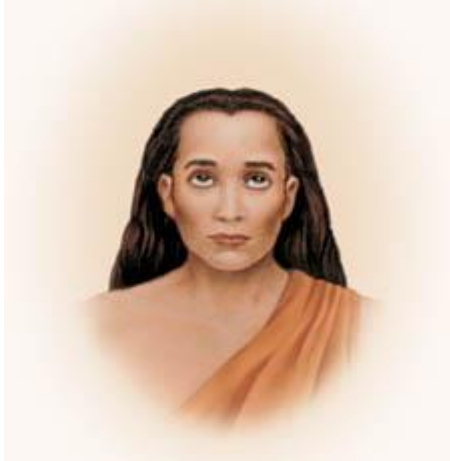


**July Newsletter 2018**  
**Perth Meditation Group of Self Realization Fellowship**



**Mahavatar Babaji Commemoration**  
**Wednesday, July 25th; 7-9pm**

*“Babaji has promised to guard and guide all sincere Kriya Yogis in their path toward the goal. Hundreds of thousands, not dozens merely, of Kriya Yogis, are needed to bring into manifestation the world of peace and plenty that awaits men when they have made the proper effort to re-establish their status as sons of the Divine Father.”*

from *Autobiography of a Yogi*

**Sunday, July 1, 8-11am:** Long Meditation. On the first Sunday of each month, we meditate for three hours. If you're unable to make the entire session, feel free to join us at 9 or 10 am during the hourly chanting periods.

**Tuesday, July 10, 5:45 pm:** On the second Tuesday of each month, those who are able to come a bit earlier pitch in and tidy up our chapel before the evening service. All help very much appreciated.

**Wednesday, July 25, 7-9pm:** Mahavatar Babaji Commemoration. Please bring a flower offering as a symbol of devotion, and a donation in an envelope as a token of loyal appreciation for the spiritual riches bestowed through His grace.

In the *Autobiography of a Yogi*, Lahiri Mahasaya said: *“Whenever anyone utters with reverence the name of Babaji, that devotee attracts an instant spiritual blessing.”*

**Sunday, July 22:** Picnic at nearby Tomato Lake after service. By adding your name to the sign-up sheet on the noticeboard you'll help us gauge attendance. Bring a chair/blanket, and vegetarian refreshments to share. There is a cafe there, and we plan to enjoy the beautiful nature walk around Tomato Lake. If it rains, we'll socialise at the Temple.

**Friday, July 27, 7-9pm:** Celebration of Guru Purnima Day (Guru from *gu*, “darkness” and *ru*, “that which dispels”). This will be a two hour Kirtan and Meditation service, and Prasad will be served afterward. During the day, to keep Yogananda even more present in our hearts and minds, let's determine to sit a little longer in meditation, read from His lessons and writings, perhaps watch Him on DVD, and listen to His recorded voice.

**Saturday, July 28, 9-noon:** Big Busy Bee, followed by shared lunch. We hold these activities three times a year and get a lot done. If you can't make the whole thing, pop in and set the table for lunch! Always a happy and productive day.

**November Monastic Visit:** We are happy to confirm that two of our Self Realization Fellowship monastics, Brother Muktananda and Brahmachari Jason, will visit us for a week during the first week of November to help us deepen our spiritual practices. There will be no large public lecture or Kriya initiation, as the visit is primarily for existing devotees. However, there will most likely be one evening when we can invite family and friends. More details to hand as our program unfolds.

**August Book Order:** Twice a year, we order books from SRF Mother Centre in Los Angeles. We encourage all devotees to make a concerted effort in **July** to check SRF books out of local libraries, as this keeps them in circulation. Your diligence in a recording which SRF titles are still in your local library helps us assess the need for future donations. If you can make time to serve the Fellowship in this very practical way, please email [srfperth@gmail.com](mailto:srfperth@gmail.com) with your name, your library, and which SRF books are still available for loan. The books we generally donate to libraries include ***Autobiography of a Yogi***, ***The Yoga of Jesus***, and the **DVD *Awake***.

**Deadline for our next Shoalwater Retreat, October 12-14:** The deadline for booking and payment for the retreat is **Tuesday, August 7**. The total retreat cost of \$255 covers vegetarian food and cosy accommodation opposite the ocean at this silent weekend getaway. For payment details, please contact Nicola Smith, our Retreat Coordinator, on 0400 410 800, or email [nicolasmith@outlook.com.au](mailto:nicolasmith@outlook.com.au) Yogananda sweetly reminds us: *"In our silence, God's silence ceases..."*

**Our Advertisement in Nova Holistic Journal Online:** As Nova no longer prints a paper magazine, we have taken out an ad in their online version, and are excited to note it appears on the cover page! Clicking on the ad also directs readers to our Perth SRF website. Feel free to forward it to friends who may benefit by experiencing more peace in their lives.



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