



Perth Meditation Group of SRF NEWSLETTER - JANUARY 2019

From **The Garden of the New Year** by Paramahansa Yogananda
“The echoes of last year, its sorrow and laughter,
Have died away.
The song-voice of the New Year, encouraging, hope-imparting,
Is chanting: “*Refashion life ideally!....*”

As **Tuesday, January 1st** is New Year’s Day, the service is **cancelled**.

We meet instead on **New Year's Eve, Monday, December 31**, to meditate **6.30 to 9.30 pm** (or midnight for those who wish to see in the New Year.)

Saturday, January 5: Paramahansa Yogananda Birthday Commemoration, 7-9pm:

Please bring a flower offering and a donation in an envelope.

Sunday, January 6th: Paramahansa Yogananda’s Birthday Long Meditation, 8am-2pm

We hope you can join us for this special long meditation service

“...If you consistently strive for longer meditation, every week if possible, it will make a tremendous difference in your life. It will deepen your awareness of God and your love for Him.” Sri Daya Mata

Saturday, January 19th: New Year Social at Mannie and Ana’s Home

Once again we celebrate another year of spiritual striving with a shared meal at Mannie and Ana’s commodious home. Our traditional New Year banquet is a great occasion to invite family members and friends for fun and fellowship. Please bring vegetarian food or juice to share, and feel free to wear Indian clothing in honour of our Guru’s birth month! Details available from the Temple greeter.

Sunday, January 27th: Mini Busy Bee at Temple after Service:

We’ll take down the Christmas tree, spruce up our Temple, and have a cuppa. Please stay after the Readings Service and assist if you can. Invite a friend on this day, to be inspired by the readings and meet some devotees. Help someone start 2019 on a spiritual note.

Forward Planner

Tuesday, February 12th - Cuppa and Fellowship after the Service

Sunday, March 24 - General Membership Meeting after the Service followed by shared lunch

Friday, March 29th – Sunday, March 31st, 2019 Brisbane Monastic Visit – See the website for all the details of the program <https://srf-brisbane.com.au/monastic-visit/> or contact by phone: (+61) 418 811 375 or email monasticvisit2019@gmail.com

Saturday, April 6th - Garden Working Bee at the Temple 9.00 am – 12.00 noon followed by a shared lunch. We hope you can join us for our first gardening working bee for 2019.