

Topics for Sunday Services

April

- 2 Long Meditation Service 8am - 11am
- 9 How To Get Along With Others (III/12)
- 16 The Easter Message of Immortality (III/13)
- 23 In God is All Happiness (III/14)
- 30 Life Energy: the Power That Heals (III/15)

May

- 7 Long Meditation Service 8am - 11am
- 14 *Mother's Day* - Mothers: Manifestations of God's Love (III/19)
- 15 The Balanced Life (III/16)
- 22 Increasing the Power of Initiative (III/17)
- 28 The Dream Fabric of Life (III/18)

June

- 4 Long Meditation Service 8am - 11am
- 11 The Oneness of Religion (III/20)
- 18 Eliminating Fear (III/21)
- 25 Self Analysis: Key to Mastery of Life (III/22)

"Practise consideration and goodness until you are like a beautiful flower that everyone loves to see."

— Paramahansa Yogananda

excerpt from Man's Eternal Quest

Special Events

April

- Saturday 8 Open House 6pm - 9pm*
- Tuesday 11 Chapel Cleaning before Service 5.45pm
- Friday 14 Good Friday Service 12 - 3pm**
- Sunday 23 Busy Bee (Mini)
- Sunday 30 Picnic by the river *

May

- Tuesday 9 Chapel Cleaning before Service 5.45pm
- Wednesday 10 **Sri Yukteswar's** Birthday Commemoration 7-9pm **
- Sunday 21 Readers, Greeters, Chant Leaders meeting
following service with shared lunch 11am - 1 pm
- Sunday 28 Busy Bee (Mini) after Service 11 - 12 noon

June

- Saturday 3 One day silent retreat at Irishtown 9:30am - 4pm
Sharon and Glenn's Home*
Information flyer available from the greeter; please check our website for same information.
- Tuesday 13 Chapel Cleaning before Service 5.45pm
- Sunday 18 Busy Bee (Mini)
- Sunday 25 Picnic at Garvey Park (after service) from 11am*

**Please bring food or drink to share.*

***Please bring a flower offering and a donation in an envelope.*

READINGS SERVICE

As well as spreading the technique of Kriya Yoga, Paramahansa Yogananda's mission also included pointing out the fundamental unity between Christ's teachings in the Bible and the Yoga teachings of Bhagavan Krishna in the Bhagavad-Gita. Passages from the Scripture interpretations and other writings of Paramahansa Yogananda are included in the Readings Service. The inspirational readings, together with chanting and meditation, make up a balanced service that meets the needs of both long-time SRF members and those who are new to the path. This service is well suited to the general public.

MEDITATION SERVICE

The Meditation Service provides members and Lesson students with an opportunity to practice together the methods of concentration and meditation taught in the Self-Realization Fellowship Lessons. The flame of one match is small and weak; the fire from many matches is large and strong.

INSPIRATIONAL SERVICE AND PRAYER SERVICE

The Inspirational and Prayer Service is a devotional service with shorter periods of meditation and readings from the teachings of Paramahansa Yogananda. Devotees assist the Prayer Council at the Mother Center in its task of praying for world peace and for those in every nation who request healing of physical illness, mental disharmony and spiritual ignorance. Devotees may also pray for their loved ones, as well as for divine aid in overcoming any personal difficulties.

FRIDAY NIGHT LONG MEDITATION SERVICE

A 5 hour long meditation service is held every Friday night from 6-11pm. The united devotion and concentration of many devotees can powerfully increase the depth of meditation for each individual. This service includes the energization exercises, prayer, reading, chanting at regular intervals and periods of meditation for one hour or more at a time. Paramahansa Yogananda says that the hours may pass like minutes.

COMMEMORATION SERVICE

Special Commemoration Services are held to honour the Gurus of Self Realization Fellowship. All who are well enough acquainted with SRF teachings to appreciate the significance of the Guru-disciple relationship are welcome to participate in the service with sincerity and reverence. Those who attend birthday or mahasamadhi services should bring a flower as a symbol of their devotion and a monetary offering in an envelope as a symbol of their loyalty.

PERTH MEDITATION GROUP

CALENDAR OF EVENTS APRIL to JUNE, 2017

48 Barker Street Belmont, Western Australia 6104

Telephone: 0487 910 081

(08) 9399 2312

E-mail: srfperth@gmail.com

Web Site: <http://www.srf-perthgroup.com>

<https://www.facebook.com/SelfRealizationFellowshipPerthMeditationGroup>

International Headquarters in Los Angeles

Web site: <http://www.yogananda-srf.org>

Telephone: 00111 323 225 2471

SCHEDULE OF SERVICES

TUESDAY	7-8.10pm	Inspirational and Prayer Service
FRIDAY	6-11pm	Long Meditation Service
SUNDAY	8-9:50am	Meditation Service
		Chant break 9am
	10-11am	Reading Service
1ST SUNDAY OF MONTH ONLY	8-11am	Long Meditation Service Chant break 9am & 10am