

Topics for Sunday Services

October

- 1 Long Meditation Service
- 8 The Treacherous Path of Evil (III/33)
- 15 Meditation is the Path to God (III/34)
- 22 How to Spiritualize Business (III/35)
- 29 Learn to Control Your Mind (III/36)

November

- 5 Long Meditation Service
- 12 Be a Smile Millionaire (III/37)
- 19 Man, God's Highest Creation (III/38)
- 26 Live in Constant Remembrance of God (III/40)

December

- 3 Long Meditation Service
- 10 Happiness Through Attunement with Christ (III/51)
- 17 All Day Christmas Meditation 8am-4pm
- 24 A Yogi-Christ & His Way to Salvation (III/39)
- 31 Higher Achievements in the New Year (III/52)

"To bring divine awareness into our human consciousness we must outgrow the limited conventional concept of Christ. To me Christmas is a thought of spiritual grandeur—a realization that our minds are an altar of Christ, the Universal Intelligence in all creation. Jesus was born in a little crib, but the Christ Spirit is omnipresent."

Paramahansa Yogananda, "Self Realization Magazine"

Special Events

October

- Friday 6 - 8 Shoalwater Retreat
- Tuesday 10 Chapel cleaning before Service 5.45pm
- Saturday 28 Big Busy Bee 9-12pm with shared lunch to follow*

November

- Saturday 4 Mandurah Retreat***
- Sunday 12 Mini Busy Bee after the service
- Tuesday 14 Br Jason visit 6pm - 10pm *
- Sunday 19 AGM & Elections after service with Social—all welcome*

December

- Tuesday 12 Chapel Cleaning before Service 5.45pm
- Sunday 17 All Day Christmas Meditation 8am - 4pm**
- Tuesday 19 Christmas Carols following service with Social*
- Sunday 31 New Year's Eve meditation 6pm - 9pm

* Please bring food or drink to share.

**Please bring a flower offering and a donation in an envelope.

***Information flyers available from the greeter; sending email to all members.

READINGS SERVICE

As well as spreading the technique of Kriya Yoga, Paramahansa Yogananda's mission also included pointing out the fundamental unity between Christ's teachings in the Bible and the Yoga teachings of Bhagavan Krishna in the Bhagavad-Gita. Passages from the Scripture interpretations and other writings of Paramahansa Yogananda are included in the Readings Service. The inspirational readings, together with chanting and meditation, make up a balanced service that meets the needs of both long-time SRF members and those who are new to the path. This service is well suited to the general public.

MEDITATION SERVICE

The Meditation Service provides members and Lesson students with an opportunity to practice together the methods of concentration and meditation taught in the Self-Realization Fellowship Lessons. The flame of one match is small and weak; the fire from many matches is large and strong.

INSPIRATIONAL SERVICE AND PRAYER SERVICE

The Inspirational and Prayer Service is a devotional service with shorter periods of meditation and readings from the teachings of Paramahansa Yogananda. Devotees assist the Prayer Council at the Mother Center in its task of praying for world peace and for those in every nation who request healing of physical illness, mental disharmony and spiritual ignorance. Devotees may also pray for their loved ones, as well as for divine aid in overcoming any personal difficulties.

FRIDAY NIGHT LONG MEDITATION SERVICE

A 5 hour long meditation service is held every Friday night from 6-11pm. The united devotion and concentration of many devotees can powerfully increase the depth of meditation for each individual. This service includes the energization exercises, prayer, reading, chanting at regular intervals and periods of meditation for one hour or more at a time. Paramahansa Yogananda says that the hours may pass like minutes.

COMMEMORATION SERVICE

Special Commemoration Services are held to honour the Gurus of Self Realization Fellowship. All who are well enough acquainted with SRF teachings to appreciate the significance of the Guru-disciple relationship are welcome to participate in the service with sincerity and reverence. Those who attend birthday or mahasamadhi services should bring a flower as a symbol of their devotion and a monetary offering in an envelope as a symbol of their loyalty.

Self-Realization Fellowship Perth Meditation Group

Calendar of Events October to December 2017

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<https://www.facebook.com/SelfRealizationFellowshipPerthMeditationGroup>

International Headquarters in Los Angeles

Web site: <http://www.yogananda-srf.org>

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SCHEDULE OF SERVICES

TUESDAY	7-8.10pm	Inspirational/Prayer Services
FRIDAY	6-11pm	Long Meditation Service
SUNDAY	8-9:50am	Meditation Service Chant break 9am
	10-11am	Reading Service
1ST SUNDAY OF MONTH ONLY	8-11am	Long Meditation Service Chant break 9am & 10am