

## Topics for Sunday Services

### April

- 1 Long Meditation Service 8am - 11am
- 8 Creating and Destroying Habits at Will (I/11)
- 15 The Secret of Spiritual Success (I/12)
- 22 Peace the Alter of Heaven (I/13)
- 29 The Place of Money in Spiritual Life (I/14)

### May

- 6 Long Meditation Service 8am - 11am
- 13 *Mother's Day* - Mother Aspect of God (I/19)
- 20 Healing By God's unlimited Power (I/15)
- 27 What is Love (I/17)

### June

- 3 Long Meditation Service 8am - 11am
- 10 Anchor Yourself in God (I/18)
- 17 Good Books Aids the Spiritual Path (I/20)
- 24 Why Our Loved Ones Die (I/21)

"Practice consideration and goodness until you are like a beautiful flower that everyone loves to see."

Paramahansa Yogananda  
*excerpt from Man's Eternal Quest*

## Special Events

### April

- Sunday 1 Easter Sunday Service
- Saturday 7 Big Busy Bee
- Tuesday 10 Chapel Cleaning before Service 5.45pm
- Sunday 22 Readers, Greeters & Chant Leaders meeting
- Sunday 29 Chapel Cleaning after Services 11am-12 noon

### May

- Tuesday 8 Chapel Cleaning before Service 5.45pm
- Thursday 10 **Sri Yukteswar's** Birthday Commemoration 7-9pm \*\*
- Sunday 13 Mothers Day Service
- Saturday 19 Open House 6pm-9pm \*
- Sunday 27 Chapel Cleaning after Services 11am-12 noon

### June

- Saturday 2 One day silent retreat at Irishtown 9:30am - 4pm  
Sharon and Glenn's Home\*  
*Information flyer available from the greeter; check our website for same information*
- Tuesday 12 Chapel Cleaning before Service 5.45pm
- Tuesday 19 Special Service for Peace
- Sunday 24 Chapel Cleaning following services 11am- 2 noon

*\*Please bring food or drink to share.*

*\*\*Please bring a flower offering and a donation in an envelope.*

## READINGS SERVICE

As well as spreading the technique of Kriya Yoga, Paramahansa Yogananda's mission also included pointing out the fundamental unity between Christ's teachings in the Bible and the Yoga teachings of Bhagavan Krishna in the Bhagavad-Gita. Passages from the Scripture interpretations and other writings of Paramahansa Yogananda are included in the Readings Service. The inspirational readings, together with chanting and meditation, make up a balanced service that meets the needs of both long-time SRF members and those who are new to the path. This service is well suited to the general public.

## MEDITATION SERVICE

The Meditation Service provides members and Lesson students with an opportunity to practice together the methods of concentration and meditation taught in the Self-Realization Fellowship Lessons. The flame of one match is small and weak; the fire from many matches is large and strong.

## INSPIRATIONAL SERVICE AND PRAYER SERVICE

The Inspirational and Prayer Service is a devotional service with shorter periods of meditation and readings from the teachings of Paramahansa Yogananda. Devotees assist the Prayer Council at the Mother Center in its task of praying for world peace and for those in every nation who request healing of physical illness, mental disharmony and spiritual ignorance. Devotees may also pray for their loved ones, as well as for divine aid in overcoming any personal difficulties.

## FRIDAY NIGHT LONG MEDITATION SERVICE

A 5 hour long meditation service is held every Friday night from 6-11pm. The united devotion and concentration of many devotees can powerfully increase the depth of meditation for each individual. This service includes the energization exercises, prayer, reading, chanting at regular intervals and periods of meditation for one hour or more at a time. Paramahansa Yogananda says that the hours may pass like minutes.

## COMMEMORATION SERVICE

Special Commemoration Services are held to honour the Gurus of Self Realization Fellowship. All who are well enough acquainted with SRF teachings to appreciate the significance of the Guru-disciple relationship are welcome to participate in the service with sincerity and reverence. Those who attend birthday or mahasamadhi services should bring a flower as a symbol of their devotion and a monetary offering in an envelope as a symbol of their loyalty.

# PERTH MEDITATION GROUP

## CALENDAR OF EVENTS APRIL to JUNE 2018

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## SCHEDULE OF SERVICES

TUESDAY	7-8.10pm	Inspirational and Prayer Service
FRIDAY	6-11pm	Long Meditation Service
SUNDAY	8-9:50am	Meditation Service Chant break 9am
	10-11am	Reading Service
1ST SUNDAY OF MONTH ONLY	8-11am	Long Meditation Service Chant break 9am & 10am