

## Topics for Sunday Services

### April

6	Long Meditation Service 8am - 11am	
13	Jesus Christ and His Teachings	(II/14)
20	The Resurrection of Christ within You	(II/15)
27	Inspirational Screening—Bring a friend	

### May

4	Long Meditation Service 8am - 11am	
11	God's Nature in the Mother	(II/19)
18	Unite Your Will With the Infinite	(II/5)
25	Inspirational Screening - "Awake"	

### June

1	Long Meditation Service 8am - 11am	
8	Satan: the Cosmic Magician	(II/6)
15	The Inner Meaning of Self-Realization	(II/7)
22	Curing Psychological Intoxication	(II/8)
29	Inspirational Screening	

*"Practice consideration and goodness until you are like a beautiful flower that everyone loves to see."*

— Paramahansa Yogananda

## Special Events

### April

Tuesday	8	Social after the service *
Saturday	12	Big Busy Bee* 9-12noon followed by shared lunch
Friday	18	Good Friday Service 12 noon - 3pm
Sunday	27	Social after the service *

### May

Tuesday	6	Chapel Cleaning before Service 5.45pm
Saturday	10	Sri Yukteswar's Birthday Commemoration 7-9pm**
Sunday	18	Chapel Cleaning after the Service
Sunday	25	Special Screening of "Awake"

### June

Tuesday	3	Chapel Cleaning before Service 5.45pm
Saturday	7	One Day Silent Retreat Irishtown***
Tuesday	10	Social after the service *
Sunday	15	Chapel Cleaning after the Service
Monday 24 to Sat 28—Convocation at the Temple daily with shared lunch on Saturday 28 after meditation. * and ****		

\* Please bring vegetarian food and/or drink to share.

\*\* Please bring a flower offering and a donation in an envelope.

\*\*\* Flyers available at the Temple in May.

\*\*\*\* Program available mid June.

## READINGS SERVICE

As well as spreading the technique of Kriya Yoga, Paramahansa Yogananda's mission also included pointing out the fundamental unity between Christ's teachings in the Bible and the Yoga teachings of Bhagavan Krishna in the Bhagavad-Gita. Passages from the Scripture interpretations and other writings of Paramahansa Yogananda are included in the Readings Service together with chanting and meditation. This service is well suited to the general public.

## MEDITATION SERVICE

The Meditation Service provides members and Lesson students with an opportunity to practice together the methods of concentration and meditation taught in the Self-Realization Fellowship Lessons. The flame of one match is small and weak; the fire from many matches is large and strong.

## INSPIRATIONAL SERVICE AND PRAYER SERVICE

The Inspirational and Prayer Service is a devotional service with shorter periods of meditation and readings from the teachings of Paramahansa Yogananda. Devotees assist the Prayer Council at the Mother Center in its task of praying for world peace and for those in every nation who request healing of physical illness, mental disharmony and spiritual ignorance.

## FRIDAY NIGHT LONG MEDITATION SERVICE

A three hour long meditation service is held every Friday night from 5.40 -9pm. The united devotion and concentration of many devotees can powerfully increase the depth of meditation for each individual. This service includes the energization exercises, prayer, reading, chanting at regular intervals and periods of meditation for one hour or more at a time. Paramahansa Yogananda says that the hours may pass like minutes.

## COMMEMORATION SERVICE

Special Commemoration Services are held to honour the Gurus of Self Realization Fellowship. All who are well enough acquainted with SRF teachings to appreciate the significance of the Guru-disciple relationship are welcome to participate in the service with sincerity and reverence. Those who attend Birthday or Mahasamadhi services should bring a flower and a monetary offering in an envelope.

## INSPIRATIONAL SCREENING SERVICE

This service includes the elements mentioned above plus a video by one of the Self-Realization Fellowship or Yogoda Satsanga Society monastics.

*Note: Devotees may leave any service during the chant breaks if necessary.*



# PERTH MEDITATION GROUP LTD



## CALENDAR OF EVENTS

**April to June 2025**

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<https://www.facebook.com/SelfRealizationFellowshipPerthMeditationGroup>

International Headquarters in Los Angeles

Web site: <http://www.yogananda.org>

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## SCHEDULE OF SERVICES

TUESDAY	7-8.10pm	Inspirational and Prayer Service
FRIDAY	5.40-9pm	Long Meditation Service
SUNDAY	8-9:50am 10-11am	Meditation Service Chant break 9am Reading Service
1ST SUNDAY OF MONTH	8-11am	Long Meditation Service Chant break 9am & 10am
LAST SUNDAY	8-11am	Meditation Service 8-9.20 Chant break 9am Screening Service 9.30-11am