

Topics for Sunday Services

July

- 1 Long Meditation Service
- 8 The Universe: God's Magic Drama (I/22)
- 15 Attuning Your Life to God's Abundance (I/23)
- 22 A Deathless Avatar (I/29)
- 29. The Steps That Lead to God (I/28)

August

- 5 Long Meditation Service
- 12 Ideals for a Balanced Education (I/24)
- 19 How you Can Talk With God (I/25)
- 26 Spiritual Foundations of World Brotherhood (I/26)

September

- 2 Father's Day—Long Meditation Service
- 9 Yoga Methods for Proving Reincarnation (I/27)
- 16 Peace (I/13)
- 23 Beholding God Amidst Life's Dualities (I/30)
- 30 Bring Forth Your Divine Nature (I/31)

Mahavatar Babaji to Lahiri Mahasaya: "The millions who are encumbered by family ties and heavy worldly duties will take new heart from you, a house-holder like themselves....A sweet new breath of divine hope will penetrate the arid hearts of worldly men. From your balanced life, they will understand that liberation is dependent on inner, rather than outer, renunciations."—Mahavatar Babaji, in "Autobiography of a Yogi"

Special Events

July

- Tuesday 10 Chapel cleaning before Service 5.45pm
- Wednesday 25 Mahavatar Babaji Commemoration 7-9pm **
- Sunday 23 Picnic at Tomato Lake *
- Sunday 29 Chapel cleaning after Reading Service

August

- Tuesday 14 Chapel cleaning before Service 5.45pm
- Sunday 26 Chapel cleaning after Reading Service

September

- Sunday 2 Janmashtami Lord Krishna Commemoration 7-9pm **
- Tuesday 11 Chapel cleaning before Service 5.45pm
- Friday 21 International Day for Peace
- Wednesday 26 Lahiri Mahasaya Mahasamadhi Commemoration 7-9pm **
- Saturday 22 Open House and Social 6 - 9pm *
- Sunday 23 Chapel cleaning after Reading Service
- Sunday 30 Lahiri Mahasaya Birthday Commemoration 7-9pm **

**Please bring drink or food to share.*

***Please bring a flower offering and a donation in an envelope.*

READINGS SERVICE

As well as spreading the technique of Kriya Yoga, Paramahansa Yogananda's mission also included pointing out the fundamental unity between Christ's teachings in the Bible and the Yoga teachings of Bhagavan Krishna in the Bhagavad-Gita. Passages from the Scripture interpretations and other writings of Paramahansa Yogananda are included in the Readings Service. The inspirational readings, together with chanting and meditation, make up a balanced service that meets the needs of both long-time SRF members and those who are new to the path. This service is well suited to the general public.

MEDITATION SERVICE

The Meditation Service provides members and Lesson students with an opportunity to practice together the methods of concentration and meditation taught in the Self-Realization Fellowship Lessons. The flame of one match is small and weak; the fire from many matches is large and strong.

INSPIRATIONAL SERVICE AND PRAYER SERVICE

The Inspirational and Prayer Service is a devotional service with shorter periods of meditation and readings from the teachings of Paramahansa Yogananda. Devotees assist the Prayer Council at the Mother Center in its task of praying for world peace and for those in every nation who request healing of physical illness, mental disharmony and spiritual ignorance. Devotees may also pray for their loved ones, as well as for divine aid in overcoming any personal difficulties.

FRIDAY NIGHT LONG MEDITATION SERVICE

A 5 hour long meditation service is held every Friday night from 6-11pm. The united devotion and concentration of many devotees can powerfully increase the depth of meditation for each individual. This service includes the energization exercises, prayer, reading, chanting at regular intervals and periods of meditation for one hour or more at a time. Paramahansa Yogananda says that the hours may pass like minutes.

COMMEMORATION SERVICE

Special Commemoration Services are held to honour the Gurus of Self Realization Fellowship. All who are well enough acquainted with SRF teachings to appreciate the significance of the Guru-disciple relationship are welcome to participate in the service with sincerity and reverence. Those who attend Birthday or Mahasamadhi services should bring a flower as a symbol of their devotion and a monetary offering in an envelope as a symbol of their loyalty.

PERTH MEDITATION GROUP

CALENDAR OF EVENTS JULY TO SEPTEMBER, 2018

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SCHEDULE OF SERVICES

TUESDAY	7-8.10pm	Inspirational and Prayer Service
FRIDAY	6-11pm	Long Meditation Service
SUNDAY	8-9:50am	Meditation Service Chant break 9am
	10-11am	Reading Service
1ST SUNDAY OF MONTH ONLY	8-11am	Long Meditation Service Chant break 9am & 10am